

## **Carpentry for Survivors of Domestic Abuse**

Funded by: Awards for All

## **Grant Application:**

This project is aimed at women (and men) who are survivors of domestic abuse. The project offered 5 x 8 week (1 day a week) basic courses for 30 survivors of domestic abuse and 5 x 8 week (1day a week) intermediate/advanced courses in carpentry over a 12 month period. The courses were one day a week working directly with agencies such as SEEDS and SAFE who support survivors of domestic abuse.

## Aims of project

"The courses will build self confidence; create a "can-do" approach; increase self reliance; fuel creativity/ creative thinking; question gender roles (overcoming domestic abuse); increase problem solving ability in everyday life and improve self-esteem. Course content will include:

- introduction to and use of some common woodworking tools (handsaw, screwdriver, drill, trysquare, plane); guide to how and from where to source materials; making a basic woodworking tool (bench hook);
- introduction to wood finishes (oil, varnish, paint); introduction to fixings and how to attach wood to different surfaces (like brick, stone, plaster and wood); guide to tool sharpening; making a woodworking shelter in the woods; creating a woodwork project.

The project will leave participants empowered to continue and expand on their new skills and they will be given a basic "starter" tool kit to keep once they have completed the course.

The project will also deliver 6 x bicycle maintenance workshops for 16 students (parents and children) per course (96 participants in total) and will teach parents and children how to maintain and repair bicycles including brakes, chains, gears, punctures and so on. These workshops will be delivered during holidays and on Saturdays to ensure that everyone has the opportunity to participate."





