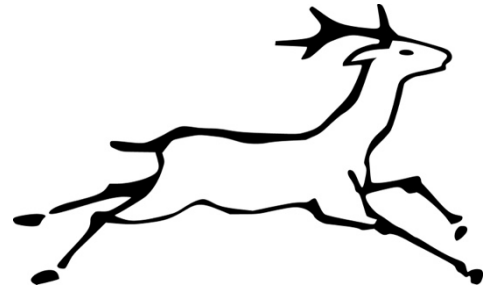


Running Deer Emotional Curriculum

Stage 4: Managing Emotions



Lesson 6: Relaxation

Review: To what extent has the student met the learning outcomes?

Student Name:

Learning outcome	Emerging (just starting)	Developing (almost)	Secure (yes)
I can tell you what 'growth mindset' means			
I know some ways in which I can develop a growth mindset			