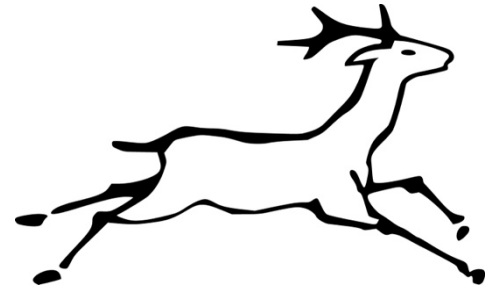


# Running Deer Emotional Curriculum



## Stage 1: Emotions

### Lesson 7: Ups and Downs

Review: To what extent has the student met the learning outcomes?

Student Name:

Learning outcome	Emerging (just starting)	Developing (almost)	Secure (yes)
I can recall what a fight or flight response is			
I can plot different emotions on a graph and understand that it is normal to experience a range of emotions during the day			